



GARMENTS ARTISANRY

TECHNICAL-PROFESSIONAL

Grade 12

**Three-Term Budget Of Work (BOW)
for Learning Competencies**

**TECHNICAL-PROFESSIONAL
ARTISANRY AND CREATIVE ENTERPRISE
Grade 12**

**Three-Term Budget Of Work
For Learning Competencies**

Please note that each Tech-Pro elective is completed in one term if delivered at Grade 12.

Elective	Garments Artisanry	
Prerequisite	None	
Performance Standard	The learners create sustainable upper garments following occupational health and safety precautions.	
Content Standard	The learners demonstrate essential knowledge and skills in designing, sewing and assembling upper garments.	
Week	Learning Competency	Suggested Activities
1	Discuss the key components of dressmaking, tailoring, and fashion design following Occupational Health and Safety precautions	Activity 1: Dressmaking Components Concept Map Task: Create a concept map showing the key components of dressmaking, tailoring, and fashion design, highlighting safety precautions. Activity 2: Safety Reflection Task: Write a reflection explaining why following Occupational Health and Safety standards is important in dressmaking and tailoring.
	Discuss the considerations in designing garments.	Activity 1: Design Considerations Chart Task: Create a chart listing key factors to consider

Week	Learning Competency	Suggested Activities
		when designing garments (fabric, fit, style, ergonomics, season). Activity 2: Design Reflection Task: Write a short reflection on how these
2	Create own designs of ladies' blouse and men's polo.	Activity 1: Blouse & Polo Sketch Task: Draw your own design for a ladies' blouse and a men's polo including color, style, and detailed features. Activity 2: Design Explanation Task: Write a brief explanation of your design choices, including intended audience, fabric, and functionality.
	Perform pattern drafting for created designs following Occupational Health and Safety precautions.	Activity 1: Pattern Drafting Practice Task: Draft patterns for your blouse and polo designs following correct measurements and safe use of tools. Activity 2: Drafting Reflection Task: Write a reflection explaining the challenges you faced and how you applied safety precautions.
3	Perform sewing and assembling of sustainable upper garments.	Activity 1: Sewing Practice Task: Sew your blouse and polo designs using sustainable practices and proper safety measures. Activity 2: Sewing Process Report Task: Write a short report documenting the steps you followed while sewing, including challenges and solutions.

Week	Learning Competency	Suggested Activities
	Apply post-garment construction procedures.	Activity 1: Finishing Steps Documentation Task: Document all post-construction procedures applied to your upper garments, including pressing, hemming, and labeling. Activity 2: Quality Check Simulation Task: Inspect your finished garments and list improvements or corrections needed for professional standards.
4	Discuss marketing strategy	Activity 1: Marketing Plan Outline Task: Write a one-page plan outlining how you would market your garment products to your target customers. Activity 2: Marketing Presentation Task: Create a short visual presentation showing your marketing strategy and promotional ideas.
Suggested Performance Task	Individual Performance Task: Sustainable Upper Garment Assembly Task: Sew and assemble a simple upper garment (e.g., sleeveless top, T-shirt, or blouse) using sustainable materials such as recycled fabric, scrap textile, or eco-friendly cloth. Demonstrate: - Accurate cutting and stitching - Proper seam finishing - Safe use of sewing tools and machine Group Task: Post-Garment Construction Procedures Plan	

Week	Learning Competency	Suggested Activities
	Task: As a group, create and apply a post-construction procedure for the finished garment. Include: - Trimming and thread-cleaning - Pressing/ironing - Quality inspection - Simple packaging or folding for presentation	
Performance Standard	The learners create sustainable lower garments following Occupational Health and Safety precautions.	
Content Standard	The learners demonstrate essential knowledge and skills in designing, sewing, and assembling lower garments.	
5	Discuss the types and parts of lower garments	Activity 1: Lower Garments Chart Task: Create a chart showing types of lower garments (skirts, shorts, pants) and their key parts. Activity 2: Parts Diagram Task: Draw a labeled diagram identifying the parts of skirts, shorts, and pants.
6	Create own designs of skirts and shorts based on standards	Activity 1: Skirt & Shorts Sketch Task: Draw your own skirt and shorts designs including measurements, fabrics, and style details. Activity 2: Design Explanation Task: Write a brief description explaining your design choices and target market.

Week	Learning Competency	Suggested Activities
	Perform pattern drafting for created designs	Activity 1: Pattern Drafting Practice Task: Draft patterns for your skirt and shorts designs following correct measurements and safety precautions. Activity 2: Drafting Reflection Task: Write a reflection on the challenges faced while drafting and how you solved them.
7	Perform sewing and assembling and creating sustainable designs for lower garments	Activity 1: Sewing Practice Task: Sew your skirt and shorts designs following sustainable and safe techniques. Activity 2: Post-Sewing Report Task: Document the steps taken during sewing and assembling, including finishing processes.
	Apply post-garment construction procedures	Activity 1: Finishing Documentation Task: Write a report detailing all post-construction steps applied to your lower garments. Activity 2: Quality Inspection Checklist Task: Perform an inspection of your finished garments and make a checklist of improvements.
Performance Standard		The learners create blazers and trousers following Occupational Health and Safety precautions.
Content Standard		The learners demonstrate essential knowledge and skills in designing, sewing, and assembling blazers and trousers.

Week	Learning Competency	Suggested Activities
8	Discuss the types and parts of blazers and trousers	Activity 1: Blazer & Trouser Parts Diagram Task: Create a labeled diagram showing the parts of blazers and trousers. Activity 2: Parts Comparison Table Task: Compare the parts of blazers vs. trousers and explain their function.
	Create own designs of blazers and trousers	Activity 1: Blazer & Trouser Design Sketch Task: Draw your own blazer and trousers designs including fabrics, colors, and style details. Activity 2: Design Explanation Task: Write a brief explanation of your design choices and intended customer.
Suggested Performance Task	Individual Performance Task: Blazer and Trouser Design Sketch Task: Create two fashion design sketches: - One original blazer design - One original trouser design Ensure your sketches show: - Front and back views - Style lines, pockets, collars, seams, and other details - Creativity and proper proportion Group Task: Mini Fashion Board Presentation	

Budget of Work **Grade 12 | Tech-Pro: Garments Artisanry**

Week	Learning Competency	Suggested Activities
	Task: As a group, develop a fashion inspiration board featuring your blazer and trouser designs. Include: • Color palette • Fabric swatches or material suggestions • Style theme (formal, casual, modern, or sustainable) • Short explanation of your design concept	
Performance Standard	The learners create sustainable sleeping garments and children's wear following Occupational Health and Safety precautions.	
Content Standard	The learners demonstrate essential knowledge and skills in designing, sewing, and assembling blazers and trousers.	
Week	Learning Competency	Suggested Activities
9	• Perform pattern drafting for created designs	Activity 1: Pattern Drafting Practice Task: Draft patterns for your blazer and trousers designs with correct measurements. Activity 2: Drafting Reflection Task: Reflect on the drafting process and describe challenges and solutions.
	• Perform sewing and assembling sustainable blazers and trousers	Activity 1: Sewing Practice Task: Assemble and sew your blazer and trousers using safe and sustainable methods. Activity 2: Sewing Process Report Task: Write a short report documenting the steps and techniques used during sewing.
10	• Apply post-garment construction procedures	Activity 1: Finishing Report Task: Document the post-construction procedures

Week	Learning Competency	Suggested Activities
		applied to your blazer and trousers (pressing, trimming, labeling). Activity 2: Quality Inspection Task: Inspect finished garments and note improvements needed for professional quality.
Performance Standard	Prepare various types of egg, cereal, and starch dishes	
Content Standard	The learners demonstrate essential knowledge and skills in designing, sewing, and assembling sleeping garments.	
11	Discuss the types and parts of sleeping garments and children's wear	Activity 1: Garments Diagram Task: Create a labeled diagram showing parts of sleeping garments and children's wear. Activity 2: Comparison Table Task: Compare sleeping garments and children's wear and explain differences in design and function.
	Create own designs of sleeping garment and children's wear	Activity 1: Sleeping & Children's Wear Sketch Task: Draw your own sleeping garment and children's wear designs with measurements and style details. Activity 2: Design Explanation Task: Write a brief description of your design choices and intended users.
12	Perform pattern drafting for sleeping garments and children's wear	Activity 1: Pattern Drafting Practice Task: Draft patterns for your sleeping garments and children's wear following safe and proper measurement techniques.

Week	Learning Competency	Suggested Activities
		Activity 2: Drafting Reflection Task: Write a reflection describing any challenges and how you solved them while drafting.
	Perform sewing and assembling of sustainable sleeping garments and children's wear	Activity 1: Sewing Practice Task: Sew your sleeping garments and children's wear using safe and sustainable methods. Activity 2: Post-Sewing Documentation Task: Document the sewing and assembling steps including finishing techniques.
	Apply post-garment construction procedures.	Activity 1: Finishing Documentation Task: Prepare a report detailing all post-construction procedures for sleeping garments and children's wear. Activity 2: Quality Inspection Checklist Task: Inspect your finished garments and create a checklist of improvements for professional quality.
Suggested Performance Task	Individual Performance Task: Sewing a Sustainable Sleeping Garment / Children's Wear Task: Create a simple sleeping garment (pajama top/bottom, nightdress) or children's wear using sustainable or recycled fabrics. Demonstrate: - Accurate pattern laying and cutting - Basic stitching and seam finishing - Safe and proper use of sewing tools and machine Group Task: Post-Garment Construction Procedure Application	

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	Task: As a group, apply the post-construction procedures to your finished garments. Include: • Trimming excess threads • Pressing/ironing seams and edges • Quality inspection checklist • Simple packaging or folding for presentation
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